ACTIVE CAMPUS IMPACT

23/24 Recap



The 2023-24 Academic Year introduced the first Active Campus Coordinator at UHI Perth, Lindsey Brown. Over the course of 7 months, 18 sports were introduced on campus for staff and students of all ages and abilities to get involved with. Huge highlights included entering 3 teams into the SSS National College finals, collaborating to organise the first UHI Varsity and increasing participation to a record high!

242 sessions

1,942 participants

Sports

University Mental Health Day

In collaboration with other staff members at UHI Perth and HISA, the group brought together a large wellness event for students. With physical activity having huge benefits on mental health, free Zumba, Pickleball, Netball, Badminton and Dodgeball were organised for participants to get involved with.

Boccia Collaboration

To assist towards building a campus community, the HNC Coaching students completed their Disability Inclusion Module through coaching and developing the Boccia Club. The Boccia club then successfully won the OBI Award for Club of the Year!

Kit For All

The Kit For All project was introduced by the ACC to tackle barriers to participating in physical activity including affordability and access to clothing. A total of 366 pre-loved items of sports clothing were adopted.

Individual Athletes

Many individual athletes were supported through the Active Campus with special recognition going towards the Athletics team that podiumed with 3 golds and 1 bronze at the SSS Outdoor Championships!











Unforgettable Quote

"I was looking to get into something new when I heard we had a volleyball club and it sparked a hidden ambition for a sport I hadn't tried. The people are really nice and I was surprised how patient they were with a beginner. I'm really feeling the benefits as it's fun, free and helping me loose weight."

~ Marvin (Skill Up Student)







